



# PROVISION OF MENTAL HEALTH SUPPORT TO GBV SURVIVORS AND OTHERS OF CONCERN

PROJECT FACT SHEET | 2024

*Image: Through her book "Our 16 Days of Activism - Voices from Refugee Camps" an asylum seeker is conveying the voice of women refugees and asylum seekers and praising their resilience.*

[Read more here.](#)

## MISSION & VISION

The Kosova Rehabilitation Centre for Torture Victims (KRCT) is a non-governmental organization was founded in 1999 with a mission to provide treatment and rehabilitation for Kosovar torture victims. Over time KRCT expended its scope to include broader rehabilitation programs by promoting human rights and freedoms of survivors of torture and other forms of violence including Gender-Based Violence (GBV) through various interventions and capacity building of key stakeholders.

## ACHIEVEMENTS IN 2023

Mental health support (# ind.)*	127
Children supported (education, etc.)	13
GBV survivors assisted	11
Trainings and awareness raising activities	4
Integrational activities asylum seekers & refugee children	2
Capacity building activities	2

Mental health support includes: mental health counselling sessions (90), psychological sessions (75), psychosocial activities (110) and social counselling (20).

## MAIN ACTIVITIES

- ✓ The project contributes to the **mitigation, prevention, and response to gender-based violence** through targeted psychosocial services, individual counseling, and capacity-building activities for various stakeholders. This leads to improved psychological wellbeing of asylum seekers and refugees, as well as other persons of concern to UNHCR, including the most vulnerable.
- ✓ **Psychosocial services** address a wide range of requirements **including mental health, integration and education** and have various advantages since they help to the overall improvement of quality of life for UNHCR persons of concern.
- ✓ **Specialized family and individual treatment** support people's resilience and general well-being, giving them the tools they need to overcome challenges and prosper. In the context of family therapy, a **customized approach** allows therapists to address unique dynamics and challenges within the family unit, enabling increased communication, understanding, and cohesion.